

The AHA wants everyone to know how to help in an emergency. This easy to use program is designed to teach students, teachers, and staff first aid skills in order to be prepared to act in an emergency. Course includes module on major current concern - the risks of smoking and vaping.

The CPR in Schools: First Aid eBook with streaming video is an educational first aid program designed specifically for schools. Modules can be facilitated by any student or teacher within one class period.



## WHAT IS TAUGHT

- Bleeding and bandaging
- Heart-related illnesses
- Diabetes and low blood sugar
- Fainting
- Seizures
- Allergic reactions and breathing problems
- Concussion
- Head, neck, and spine injuries
- Drug overdose and alcohol poisoning
- Risks of smoking and vaping
- Benefits of a healthy lifestyle

## HOW IT WORKS

CPR in Schools: First Aid is an educational, easy to use program designed to teach middle and high school students, teachers, and staff the first aid skills they need to be prepared to act in an emergency within one class period.

## KIT CONTENTS

- Streaming Video
  - Closed captions available
  - Approximately 34 minutes
  - English
- Single eBook containing the Facilitator Guide, Lesson Plans, and a pre- and post-test
- Access to eBook and streaming video available for as long as the product is available in the eBook store.
- Optional participation certificate and additional resources are available

## COURSE DELIVERY



FACILITATED  
GROUP

In addition to being taught by American Heart Association Instructors, this course can also be led by “facilitators” (such as community members, family members, friends and others) who wish to help pass on lifesaving skills. Anyone with knowledge of the subject could be a facilitator.



eLEARNING

eLearning is the self-directed online portion that can be completed at work, at home, or wherever you have internet access.

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