

[Originally published May 25, 2018](#)

Preeclampsia Protection?

By AMERICAN HEART ASSOCIATION NEWS

Low-dose aspirin may help pregnant women in the first stage of high blood pressure avoid preeclampsia, a condition that puts them and their babies in danger.

Normal blood pressure

Placebo 15.1 percent

Aspirin 14.6 percent

Stage 1 high blood pressure

Placebo 39.1 percent

Aspirin 23.8 percent

Source: Hypertension